



## Kigoos Volunteer Time Sheet 2024

Name of Family: \_\_\_\_\_

Name of Swimmer(s): \_\_\_\_\_

Date	Activity/Event	Volunteer name	Number of Hours

### Notes:

1. We rely on volunteers for a successful season. Families with swimmers in the Junior Development Program are required to contribute 10 volunteer hours. Families with swimmers in the Junior, Intermediate and Senior Programs are required to contribute 25 volunteer hours. Hours are per family, not per child.
2. If your child is participating at a Meet, families are expected to help volunteer. This includes Regionals and Provincials – we will be assigning shifts.
3. You may **ONLY** earn a maximum of 15 hours at the Ice Breaker Meet. You are welcome to volunteer for more hours, but only 15 will be counted to the family total. This is firm.
4. If you have any questions about volunteer opportunities, please reach out to [volunteers@kigoos.com](mailto:volunteers@kigoos.com).

