

RICHMOND KIGOOS MAY 2024 SCHEDULE

GROUP	DAY	DRYLAND	WATER	START/FINISH TIME
SENIOR I & II	Monday (AM)	15 min	60 min	5:45-7:00 AM
	Monday (PM)	30 min	60 min	7:30-9:00 PM
	Tuesday (PM)	45 min	60 min	7:15-9:00 PM
	Wednesday (AM)	15 min	60 min	5:45-7:00 AM
	Wednesday (PM)	15 min	90 min	7:15-9:00 PM
	Thursday (AM)	15 min	60 min	5:45-7:00 AM
	Thursday (PM)	45 min	60 min	7:15-9:00 PM
	Friday (AM)	15 min	60 min	5:45-7:00 AM
	Friday (PM)	45 min	60 min	7:15-9:00 PM
	Saturday (AM)	15 min	90 min	10:15-12:00 PM
GROUP	DAY	DRYLAND	WATER	START/FINISH TIME
INTERMEDIATE II	Monday (AM)	15 min	60 min	6:45-8:00 AM
	Monday (PM)	30 min	60 min	6:30-8:00 PM
	Tuesday (AM)	15 min	60 min	5:45-7:00 AM
	Tuesday (PM)	30 min	60 min	6:30-8:00 PM
	Wednesday (PM)	15 min	90 min	5:45-7:30 PM
	Thursday (AM)	15 min	60 min	6:45-8:00 AM
	Thursday (PM)	15 min	60 min	6:45-8:00 PM
	Friday (PM)	30 min	60 min	6:30-8:00 PM
	Saturday (AM)	15 min	90 min	8:45-10:30 AM
GROUP	DAY	DRYLAND	WATER	START/FINISH TIME
INTERMEDIATE I	Monday (PM)	15 min	60 min	4:45-6:00 PM
	Tuesday (PM)	15 min	60 min	4:45-6:00 PM
	Wednesday (PM)	15 min	60 min	3:45-5:00 PM
	Thursday (PM)	15 min	60 min	4:45-6:00 PM
	Friday (PM)	15 min	60 min	4:45-6:00 PM
	Saturday (AM)	15 min	60 min	6:45-8:00 AM
GROUP	DAY	DRYLAND	WATER	START/FINISH TIME
JUNIOR I & II	Monday (PM)	30 min	60 min	5:30-7:00 PM
	Tuesday (AM)	15 min	60 min	6:45-8:00 AM
	Tuesday (PM)	15 min	60 min	5:45-7:00 PM
	Wednesday (AM)	15 min	60 min	6:45-8:00 AM
	Wednesday (PM)	15 min	60 min	4:45-6:00 PM
	Thursday (PM)	30 min	60 min	5:30-7:00 PM
	Friday (AM)	15 min	60 min	6:45-8:00 AM
	Friday (PM)	15 min	60 min	5:45-7:00 PM
	Saturday (AM)	15 min	60 min	7:45-9:00 AM
GROUP	DAY	DRYLAND	WATER	START/FINISH TIME
JUNIOR DEVELOPMENT II & III	Monday (PM)	15 min	45 min	4:00-5:00 PM
	Tuesday (PM)	15 min	45 min	4:00-5:00 PM
	Thursday (PM)	15 min	45 min	4:00-5:00 PM
	Friday (PM)	15 min	45 min	4:00-5:00 PM
GROUP	DAY	DRYLAND	WATER	START/FINISH TIME
JUNIOR DEVELOPMENT I	Monday (PM)	15 min	30 min	3:30-4:15 PM
	Tuesday (PM)	15 min	30 min	3:30-4:15 PM
	Thursday (PM)	15 min	30 min	3:30-4:15 PM
	Friday (PM)	15 min	30 min	3:30-4:15 PM